

# HHS NEWSLETTER

## SEPTEMBER 2017

Holdrege High School  
PO Box 2002  
Holdrege, NE 68949  
[www.holdregeusters.org](http://www.holdregeusters.org)



September 1, 2017

Dear Students & Parents,

This has become a tradition on my part. At the start of each year, I like to remind our parents and guardians that we live in an ever changing world that demands more from school systems all the time.. This part of what I put in a fall newsletter issue back in 2006:

“ Most parents of today can identify with current high schools because they haven’t changed that much in the last 50 years. We still go to school for about 9 months. Kids still move from classroom to classroom in roughly 45-50 minute periods (or perhaps 90 minute blocks). Students are still grouped, by and large, according to their age (Freshman/ Sophomore/ etc.). This teaching and learning process served our country well for the last 100 years, but things in our society are changing so rapidly, that we need to look to the future when considering how to prepare our children.

Jean Piaget, a Swiss psychologist with groundbreaking ideas in the mid to late 20<sup>th</sup> century, said that “the principal goal of education is to create [people] who are capable of doing new things, not simply repeating what other generations have done.” We need to look closely at what we are doing in our high schools today and how that matches up to what our students need as they leave our institution with diplomas. The demands placed upon young people in today’s workforce require that they have skills, ideas and attitudes that give them the flexibility to work in a variety of situations. Our secondary education system was not developed with this in mind. It was established to teach specific skills for specific vocations. To correct the problems that we have begun to identify in our systems, we need to first have open minds. Perhaps our schools should look different both in an organizational sense and in a physical sense. There is still the desire in our culture to help students learn and adjust socially as they head towards becoming adults in our society. What we need to look for is a way to help the kids work through the difficulties of adolescence while also preparing them for a world much different than the one their parents saw when they walked out of the school doors.”

A person would have to be living under a rock to not realize that our world changes quickly these days. Even though we’ve only been in our 1:1 program for technology for a few years, we’ve already changed platforms and adjusted to brand new communication/sharing methods. However, we must not get caught up in the smaller details and logistics of our programs, lest we lose the larger picture of what our purpose is and who we serve as a school. We try to anticipate what future needs will be for our kids and adapt accordingly. We look for ways to help them grow, not only academically, but socially and emotionally, in order to prepare for future challenges. This is no small task for the school, but it does not fall on us alone at HPS. We need the help of our entire community to educate those who hold the future in their hands.

Robert Drews, Principal  
Holdrege High School

## IMPORTANT DATES AND TIMES:

- Sept. 4 - No School – Labor Day
- Sept. 5-8 - Homecoming Week (noon dismiss Sept. 8)
- Sept 18-22 - MAP Testing (Fr-Soph-Jr)
- Sept 21 - HHS Picture Day



**ACT PREPARATION AT HHS:** Again this year, students from HHS will be able to participate in a formal program aimed at improving student readiness for the ACT. We are offering the revised and updated John Baylor Test Prep (now called



OnToCollege) for ALL 9th-12th grade students for a \$20 fee. That's a significant reduction from our \$50 cost the last few years, AND students enrolled will have 24/7 access instead of needing to go through the

program at school. While students had been receiving assistance for preparation in the past, this program, delivered via the internet, creates a more formal process for them. Holdrege HS has been using JBTP for 10 years and the results, have been very positive. This year's version again includes 12 sessions that run about 45 minutes each. Students simply need to check with Mrs. Freburg or Mr. Drews to set that up. The program is aimed at Juniors and Seniors, but other students may participate if they plan to take the ACT this spring, or if they simply want early preparation that will help in a variety of classes, as there are basic study skills covered in the course as well. Anyone interested may sign up in the Guidance Office.



**SCHOOL PICTURES:** School pictures for all Holdrege High School students will be taken on Thursday, September 21. Students who are absent on this day, forget their money if they want to buy a package, or are unhappy with their pictures when they receive them, may have a picture retake on a date later this Fall.

**SENIORS and SENIOR PARENTS!** Senior photographs needed for the yearbook and/or Holdrege Daily Citizen are due December 1. You may send them digitally ([jerry.buck@dusters.org](mailto:jerry.buck@dusters.org)) or give a printed copy to Mr. Buck, Yearbook Adviser, at the school.



## EMERGENCY PREPARATION

We want you to be aware that Holdrege High School has made many preparations to deal effectively with emergency situations that could occur in or around the school. While we hope that a natural disaster or other serious incident never occurs, our goal is to be prepared for any potential emergency. At all times, our first priority is to protect all students and staff from harm.



In order for our emergency-response plans to be effective, we depend on the cooperation and assistance of many people, such as law enforcement and fire/rescue personnel. We also depend on you, as parents, to support our disaster-response efforts. Your cooperation is vital in helping us protect the safety and welfare of all students and school employees.

In the event of a crisis, we ask parents to observe the following procedures:

- Do **NOT** telephone the school. We understand and respect your concern, but it is essential that the telephone system be available for emergency communications.
- Tune your radio to 1380 AM (KUVR) for emergency announcements and status reports. You will also receive instructions on where you should go and how/when you may pick up your student.
- Do **NOT** come to school until instructed to do so. It may be necessary to keep the streets and parking lots clear for emergency vehicles. If evacuation is required, students may be transported or walked to a location away from school. You will be notified of this through the media bulletins.
- Talk to your students and emphasize how important it is for them to follow instructions from their teachers and school officials during any emergency
- Carefully read all information you receive from the school. You may receive updates about our safety procedures from time to time.

We are proud that Holdrege High School is safe, and we are doing everything possible to keep it that way. We appreciate your cooperation and support. If you have any questions about our safety procedures, please feel free to contact Mr. Drews at your convenience.

**DUSTER SEASON PASSES:** Season passes for both adults and students are available now. Adult passes can be purchased at Holdrege High School. The all sport pass is \$50 per individual or \$95 per couple. These passes provide admission to all regular season home games including Varsity, Junior Varsity, Ninth Grade and Middle School events. Besides HHS, you can also purchase these at Hilsabeck's Sporting Goods, First State Bank-Holdrege and our HPS Central Office. *The passes do not provide admission to tournaments, away games or spring activities.*



**PARKING AT ACTIVITIES:** Parking at activities can be an adventure, although the situation has improved tremendously the past several years. If you attend one of our activities, please be sure to park in one of the painted stalls. Please **DO NOT** park in the driving lanes, along curbs that are painted yellow, in spaces reserved for drivers with handicaps, or in areas marked with No Parking signs. Remember that the areas in front of the bus barns is marked with No Parking signs. In addition, the area directly in front of the main doors on the south side of HHS is marked with No Parking Anytime signs. If you park in one of these areas, you may be asked to move your vehicle and/or receive a parking ticket from the police. Additional parking spaces are available on the east and west sides of Holdrege Middle School. We appreciate your help in parking in an orderly manner that will help everyone safely utilize our parking lot to its capacity.

**REPORTING ABSENCES:** Remember that if your student is absent on any day, please call the school office before 8:00 a.m. to inform us of the absence. If you know ahead of time that your student will be absent, please send a note or call the school office. We will attempt to contact you if your student is absent, and we have not been previously informed of the absence. Mrs. Perry and Mrs. DiGiovanni are in the office 1<sup>st</sup> period to attend to these issues. If you have questions about our attendance and tardy policies, refer to pages 15-17 of the Student/Parent handbook or contact us at the High School Office (308) 995-6558.



**YEARBOOK SALES FOR 2017-18!** Holdrege High School will be selling its all color yearbook for 2017-18 this fall. Orders will be taken in English classes. Students will order a yearbook and then be given notices to pay for the book later in the semester. Students will be given the option to pay for it in one sum or in two payments. Last year's book was a tremendous success and we plan to generate another fine product for this year

## FROM THE GUIDANCE OFFICE:



### ALL STUDENTS

- All students are encouraged to look at their second semester schedules and make any changes as soon as possible.
- A list of peer tutors is being compiled and will be available within the next few days. Anyone interested in having help from a peer tutor should check in the Guidance Office and matches will be made.

### SENIORS

- Senior Guidance discussions, held during Mrs. Olson's English classes, took place on August 24. Important dates and information were disseminated to the students and they received some materials from EducationQuest with important information regarding college planning.
- College bound seniors should be narrowing their choices of colleges to which they will apply. If necessary, plan to visit campuses as soon as possible. The guidance office can help arrange visits if necessary.
- A list of available scholarships has been created and shared with all the seniors. This list will be updated on a continuous basis as we receive information about scholarship offerings. The Guidance page of the school's website also has this list available at all times.
- Seniors planning to pursue higher education should try to have application made to their top choices by October 15.

### ACT Testing

- There are three remaining dates for ACT testing that will count for scholarship purposes. Those are September 9, October 28, and December 9. Holdrege is a test site for the October and December tests. Register and find more information at [www.actstudent.org](http://www.actstudent.org). All college-bound students should plan to take 3-4 ACT tests prior to December of their senior year. The cost is \$46 for the ACT and \$62.50 for ACT plus writing. The fee includes sending scores to four colleges, additional colleges may receive scores for an additional fee. The code for Holdrege High School is 281115.

- Seniors still have access to ACT's online prep that was provided as part of last year's statewide ACT testing. In addition, the On To College (formerly known as John Baylor) test prep, is available for any student in grades 9-12 for \$20. This is a bargain! I encourage all students to take advantage of this. See Mr. Drews or stop in the guidance office for more information.

### **Financial Aid**

- For the second year, families can begin filing the FAFSA (Free Application for Federal Student Aid) on OCTOBER 1. This means you will be filing using your 2016 tax returns, rather than waiting for your 2017 returns.
- EducationQuest will be in Holdrege presenting their financial aid program to the seniors during the morning English classes during periods 1-3 on Tuesday, September 26. ***Parents are invited and encouraged to attend one of these sessions as well.***
- Everyone should continue to work on completing and/or updating their resumes so that information will be easily accessible during scholarship application season.

### **Athletics In College**

- Seniors interested in playing athletics in college must register at [www.playnaia.org](http://www.playnaia.org) for the NAIA level and [www.eligibilitycenter.org](http://www.eligibilitycenter.org) for NCAA participation. Both the NAIA and NCAA require that an ACT score be sent directly to them. Use 9876 for the NAIA, 9999 for the NCAA.

### **Stay Connected**

- Visit [www.educationquest.org](http://www.educationquest.org) website and the Holdrege High Guidance Office web page to stay up to date with your college planning and scholarship opportunities
- The HHS Guidance Office is on Twitter! Follow us @HoldregeGO to stay up to date on important announcements, deadlines, and scholarship opportunities.

As always, stop in or call with any questions or concerns you may have!

### **JUNIORS**

- Junior Guidance discussions were held on August 28 in Mrs. Beerman's English 11 classes. Information about the PSAT/NMSQT and ACT tests was given. Students also received information from EducationQuest that is a great source of information for college planning.
- The PSAT/NMSQT (Pre-SAT/National Merit Scholarship Qualifying Test) will be given on Wednesday, October 11 at the Tassel, beginning at 8:00. The cost to the student is \$15 and we have 40 spots available on a first come, first served basis. It is NOT mandatory. Sign up with Mrs. Freburg in the Guidance office.
- Juniors should watch the announcements for visiting college and military representatives. Visiting with these people is a good way to begin gathering information for the next step beyond high school.

### **ACT Testing**

- Juniors should be planning ahead to prepare for the statewide ACT test in the spring. The ACT plus writing will be given to all HHS juniors on Tuesday, April 3. Holdrege is also a test site for the October, December and April national testing dates. Students planning to attend college should plan to take 3-4 ACT tests prior to December of their senior year for scholarship consideration.
- At some point this fall, the juniors will be given access to ACT's online test prep to ready them for the statewide ACT. In addition we are offering the On To College (formerly John Baylor) ACT prep course to all 9-12 HHS students for a minimal \$20 fee. See Mr. Drews to get started.
- The ASVAB will be given to all juniors on November 8 at the Tassel. This is a free career exploration test.

- Juniors are encouraged to begin a resume or continue to keep their resumes of activities, work experience, honors, community service, etc. up to date so that when the time comes for scholarship application, this information is ready.

### **FRESHMEN AND SOPHOMORES**

- Mrs. Freburg will be visiting the 9th and 10th grade English classes to give them information about making the most of their high school experience. This will be taking place in September.

#### **Contact us:**

- HHS Guidance Office 995-8988
- Email: [julie.freburg@dusters.org](mailto:julie.freburg@dusters.org)
- Follow the Guidance Office on Twitter @HoldregeGO



**CELL PHONE POLICY:** Please note that the consequences for use of cell phones during inappropriate times (Start of School– End of School Day w/ exception during Lunch break ONLY) is in effect again this year. When phones are turned in to the office by any staff members, the fine will be \$20 for the phone to be returned. Phones will be turned off and kept in the office until the fine is paid. The administration reserves the right to keep the phone until the end of the year in cases of significant behavioral issues.

**NO SCHOOL MONDAY, SEPT. 4**  
**There will be no school on Monday, Sept. 4 in**  
**observance of Labor Day. Classes resume on the**  
**normal schedule on Tuesday, Sept. 5.**

# From the Holdrege Chapter of the National Honor Society.

**President - Anabelle Sanko**

**Vice President - Preston Garringer**

**Treasurer - Jett Petit**

**Secretary - Sydney Nelson**

**Historian - Madyson Hamling**



Below are the selection procedures for the Holdrege High School chapter of the National Honor Society. It must be noted that nationally only about 10% of students qualify for membership. There are no quotas for membership in the National Honor Society, but it is not uncommon for less than half the students with the required GPA to be invited for membership. The selection procedures are dictated by the National Charter and the High School faculty has very little to say about how the procedure works.

## **NATIONAL HONOR SOCIETY SELECTION PROCEDURE**

It first must be noted that selection into the National Honor Society is a privilege, not a right. It is a misconception that students are inducted in the National Honor Society solely because of grades. Scholarship is just one of the four criteria that a student must excel in. The students must also **excel** in Service, Leadership, and Character as perceived by the high school faculty. Students who are average or weak in any of the four criteria may not be invited for membership.

While there are no set minimum or maximum number selected every year, it is not uncommon that less than half of the students with a GPA of 3.50 or greater are inducted as members. Again, students must excel in all four areas of the National Honor Society, Scholarship, Service, Leadership, and Character.

## **The Holdrege Chapter of the National Honor Society selection Procedure:**

1. At the end of the first quarter juniors and seniors with a GPA of 3.50 or greater will be identified.
2. A letter will be sent to these students asking them to fill out a Student Activity Information form.
3. Only students returning the Student Activity Information form by the date listed on the form will be considered for membership.
4. The faculty will then rate the students who returned the Student Activity Information form in the areas of Service, Leadership, and Character. The students have already met the minimum requirement for Scholarship in order to receive the Student Activity Information form. These ratings will be based on the content of the Student Activity Information form and on the faculty's acquaintance with the student.
5. A council made up of five faculty and non-voting NHS advisors will determine which students will be admitted into the Holdrege Chapter of the National Honor Society. The Principal appoints the faculty council and the NHS advisors.

The criteria for selection into the Holdrege Chapter of the National Honor Society include but is not limited to the following:

**SCHOLARSHIP** \* Must have at least a 3.50 GPA.

**SERVICE**

- a. Is willing to uphold scholarship and maintain a loyal school attitude.
- b. Participates in some outside activity: Girl Scouts; Boy Scouts; church groups; volunteer services for the aged, poor, or disadvantaged; family duties.
- c. Volunteers, dependable, and well-organized, gladly available and willing to sacrifice to offer assistance.
- d. Works well with others and is willing to take on difficult or inconspicuous responsibilities.
- e. Cheerfully and enthusiastically renders any requested service to the school.
- f. Is willing to represent the class or school in inter-class and interscholastic competition.
- g. Does committee and staff work without complaint?
- h. Shows courtesy by assisting visitors, teachers, and students.

**LEADERSHIP**

- a. Is resourceful in proposing new problems, applying principles, and making suggestions.
- b. Demonstrates initiative in promoting school activities.
- c. Exercises influence on peers in upholding school ideals.
- d. Contributes ideas that improve the civic life of the school.
- e. Is able to delegate responsibilities.
- f. Exemplifies positive attitudes.
- g. Inspires positive behavior in others.
- h. Demonstrates academic initiative.
- i. Successfully holds offices or positions of responsibility, conducting business effectively and efficiently, and without prodding, demonstrate reliability and dependability.
- j. Is a forerunner in the classroom, at work, and in school or community activities?
- k. Is thoroughly dependable in any responsibility accepted.

**CHARACTER**

- a. Takes criticism willingly and accepts recommendations graciously.
- b. Consistently exemplifies desirable qualities of behavior (cheerfulness, friendliness, poise, stability).
- c. Upholds principles of morality and ethics.
- d. Cooperates by complying with school regulations concerning property, programs, office, halls, etc.
- e. Demonstrates the highest standards of honesty and reliability.
- f. Shows courtesy, concern, and respect for others.
- g. Observes instructions and rules, punctuality, and faithfulness both inside and outside the classroom.
- h. Has powers of concentration and sustained attention as shown by perseverance and application to studies.
- i. Manifests truthfulness in acknowledging obedience to rules, avoiding cheating in written work, and showing unwillingness to profit by the mistakes of others.
- j. Actively helps rid the school of bad influences or environment.





# Holdrege FFA Chapter Update

The FFA Chapter and members have recently learned of some awards that they will be receiving at this year's National FFA Convention in Indianapolis, Indiana. The Holdrege Chapter will receive a National 2 Star Chapter Award for 2016-2017 year. The Chapter Award is based on the scope and level of activities the FFA Chapter conducts during the year. This is the tenth time the Holdrege FFA Chapter has received this level of achievement in the past eleven years. Only the top 10% of over 7,800 chapters nationally can be considered for this award.

## **Holdrege FFA Chapter member earns National Proficiency Rating**

2017 Holdrege graduate and FFA member Chad Guthrie was awarded a Gold Rating for his State winning Proficiency application in the area of Diversified Livestock Production Entrepreneurship. Chad's Supervised Ag Experience Program involves a small cow / calf operation that he started as a high school sophomore. Chad also raised, exhibited and marketed market swine as another part of his SAE. Chad was named a State Winner in this area last Spring at the State FFA Convention to qualify him for national consideration. Congratulations Chad.

## **FFA Chapter Hosts Kick-off Picnic**

The eleventh Annual Holdrege FFA Chapter Kick-off Picnic was held at the North Park on August 21st. A total of 52 members of the Holdrege FFA Chapter and their parents along with several guests attended the event. In total, about 120 people were served hamburgers, hot dogs, baked beans, chips, cookies, dessert, and drinks.. FFA members held a short informational meeting, discussing several upcoming events. Dues for the school year were established, National FFA Convention attendance and applications were discussed, the Farm Safety Camp was also discussed.. Some of the sponsors of the picnic were: Nate & Jeanette Lindstrom, Holly & Blake Johnson, Brian & Julie Johnson, Rachael Wells, Tony Badertscher, and Don & Deb Masten. Thank You Parents!

## **Little Kid's Farm Safety Camp**

The Holdrege FFA Chapter will be holding the Little Kid's Farm Safety Camp once again this year. The date has been set for Wednesday, September 20th and will be held at the Ag Center in Holdrege. FFA students will be teaching over 130 Phelps County kindergarten and first graders about safety around the farm and home. Topics include small and large animals, tractors, lawnmowers, chemicals, ATV's, Southern Public Power District, and grain bin safety.

## **Holdrege FFA Supporting Local Beef in Our Schools - Sept. 8th Drawing for 2 Beef Bundles**

The Holdrege FFA Chapter is supporting the Local Beef in Our Schools Support Group. "Branded" as the Duster Stampede, this group of local beef producers and supporters began actively sponsoring and providing locally raised beef to the Holdrege School Lunch Program. To assist with some of the funding needed to provide additional beef to the program, the FFA Chapter is helping by raffling off two beef rib bundles on September 8th. Raffle tickets are available from FFA Members and sold at upcoming Duster home volleyball and football games. The final games to pick up tickets will be the September 7th volleyball game vs. McCook and the Homecoming Football Game vs. Alliance after halftime.



***Do you have a middle school or high school child in art, theatre,  
band or choir?***

***If you do, you are part of the FINE ARTS BOOSTERS!!!***

The Music Boosters group has now evolved to include **all** of the arts at Holdrege Schools. This is a group dedicated to supporting art, theatre, band and choir. In the past, support has been given in the form of choir robes, choir risers, uniform hangers, and musical instruments. We are excited to expand this list to all arts!

- Each year, we hold a basketball game soup supper to help raise funds to provide this support. We will ask for volunteer workers and food donations at that time.
- Meetings are held monthly, on the second Monday, at 7pm, location to be announced. Please come and be involved!!
- If you are not already on our email list, please contact [music.boosters@dusters.org](mailto:music.boosters@dusters.org).
- An art/music trip to Chicago is currently in planning stages for May-June 2018. If your child is interested in going on this trip, please contact [ashley.west@dusters.org](mailto:ashley.west@dusters.org). Information will be coming in September. Cost is projected to be \$700-900 for a 4-5 day trip.
- FUNDRAISING OPPORTUNITIES FOR YOUR STUDENT FOR TRIP/ACTIVITIES:
  - Fresh Christmas Greenery sales will be the main fundraiser this fall. More information to come.
  - After game clean up days: 9/23/2017-after Volleyball game and 10/20/2017-after Football game. An email will be sent out prior to these. If you help with these cleanups, you will get a portion of the proceeds.
  - There are potential fundraising opportunities which include providing food for the Water Conference, High School District Music Contest, Mr. Basketball tournament concessions, and craft show concessions. **These will only be held if there is a parent volunteer to organize the event.** The parent volunteers will earn money towards their children's accounts!!! We will help you get started!!!
- If you have any questions, please contact Renae Jacobson at [renaejacobson96@gmail.com](mailto:renaejacobson96@gmail.com) or 308-440-7165.

**STUDENT ACTIVITY TICKETS:** Activity Tickets are available to all Holdrege High School students for \$30.00. The Activity Tickets will admit you to all home Holdrege High School contests with the exception of any Central Conference, district or state contests or any tournaments we may host. The tickets may be purchased in the Holdrege High School Office. All students who are participating in one or more NSAA sponsored activities (athletics, band, chorus, play production and speech) as well as cheerleaders and dance team members will be required to purchase an activity ticket.

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The Holdrege Public School does not discriminate on the basis of race, color, national origin, gender, marital status, disability, or age in admission or access to, or treatment of employment, in its programs and activities. The following person(s) has/have been designated to handle inquiries regarding complaints, grievance procedures or the application of these policies of nondiscrimination:

Title: Mr. Todd Hilyard, Superintendent of Schools  
Address: 505 14th Avenue, Holdrege, Nebraska 68949  
Phone #: 308.995.8663

If parents, employees and students do not feel that their complaints regarding Title IX, Title VI, Section 504 have met with resolution at the local level, they can appeal their grievances to the regional Department of Education, Office for Civil Rights. All appeals should be directed to the following address:

Office for Civil Rights  
8930 Ward Parkway, Suite 2037  
Kansas City, MO 64114  
816-268-0550  
FAX: 816-823-1404; TDD: 800-437-0833

# EducationQuest Foundation

# College Planning Bulletin

*A monthly college planning guide for Nebraska high school students*

September 2017

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## Seniors...3 must-do tasks for this fall!

1. **Apply to your top college choices.** If your school participates in Nebraska's *Apply2College* campaign in October, you'll get help with your college applications during a school-day event. If not, [click here](#) to find a college application checklist and other helpful resources.
2. **Create an FSA ID.** You and a parent must each create a username and password at [fsaid.ed.gov](https://fsaid.ed.gov) that will serve as your Federal Student Aid (FSA) IDs for the Free Application for Federal Student Aid (FAFSA). You will each need your own email address to create an FSA ID.
3. **Complete the FAFSA at [fafsa.gov](https://fafsa.gov) on or after October 1.** The FAFSA is your application for federal, state, and college-based financial aid. The colleges you list on the application will use that information to determine the types and amounts of financial aid they will award you.

## Get FREE help from EducationQuest

- Attend an EducationQuest [Financial Aid Program](#) this fall to learn about types of financial aid and the FAFSA. By attending, you can register to win a \$500 scholarship! [Click here](#) for details.
  - Find free [FAFSA Tools](#) at EducationQuest.org to help you prepare for and complete the FAFSA.
  - Call the EducationQuest location nearest you to set up an appointment for free personal help: Omaha – 888.357.6300, Lincoln – 800.303.3745, Kearney – 800.666.3721, and Scottsbluff – 800.303.3745, ext. 6654.
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## Meet with college reps at College Fairs, Educational Planning Programs

Juniors and seniors: Attend a College Fair or Educational Planning Program (EPP) this fall to meet with college representatives. Admission is free.

Before you attend, visit [NebraskaCollegeFairs.org](https://NebraskaCollegeFairs.org) to register for a barcode. Print the barcode, or download it to your smartphone, and take it to the fair so that college reps can scan it.

### **2017 Fall College Fairs**

[Lincoln Area College Fair](#), Sunday, September 24, 1:00-3:00 p.m. – Southeast Community College, 8800 O Street.

[Omaha Area College Fair](#), Sunday, October 1, 1:00-4:00 p.m. – University of Nebraska at Omaha Sapp Fieldhouse, 6001 Dodge St.

### **2017 Fall Educational Planning Programs**

EPPs will be held across the state this fall. See the [Events Calendar](#) at EducationQuest.org to find the event in your area.

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## September “To Do” List

Juniors and seniors ... complete these college planning tasks during September:

- \_\_\_ Seniors, apply to your top college choices.
  - \_\_\_ Seniors, create an FSA ID for you and one for a parent at [fsaid.ed.gov](https://fsaid.ed.gov).
  - \_\_\_ Juniors and seniors, attend a [Financial Aid Program](#).
  - \_\_\_ Juniors and seniors, attend a [College Fair](#) or [Educational Planning Program](#) in your area.
  - \_\_\_ Before you attend a College Fair or EPP, register for a barcode at [NebraskaCollegeFairs.org](https://NebraskaCollegeFairs.org).
  - \_\_\_ Seniors, [register](#) by September 8 for the October 7 SAT.
  - \_\_\_ Seniors, [register](#) by September 22 for October 28 ACT.
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**For free help with college planning, contact EducationQuest Foundation:**

**Omaha**

402-391-4033  
888-357-6300

**Lincoln**

402-475-5222  
800-303-3745

**Kearney**

308-234-6310  
800-666-3721

**Scottsbluff**

800-303-3745, ext. 6654

[EducationQuest.org](https://EducationQuest.org) Follow us on [Facebook](#), [Twitter](#) and [Instagram](#)!

*Your Journey to College Begins with Us*



# Holdrege

September, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1:25/1:30/1:37pm Dismissal FACT 1:45-2:30 State Fair Livestock Shows @ Grand Island, NE FB 7:00pm -Varsity Scottsbluff	1 State Fair Livestock Shows XC TBD -Middle School Cozad SB 9:00am -Varsity McCook VB 10:00am -Varsity Lexington vs. Multiple Schools XC 10:00am -Varsity Cozad TEN 10:00am -B/Varsity Columbus
State Fair Livestock Shows	State Fair Livestock Shows Labor Day - No School	FFA Meeting @ Holdrege HS TEN 4:00pm -B/JV Kearney Catholic GOLF 4:00pm -G/Varsity Minden vs. Multiple Schools TEN 4:00pm -B/Varsity Kearney Catholic FB 5:00pm -Middle School Kearney Catholic		HMS School Pictures SB 4:00pm -Varsity Cozad vs. Multiple Schools VB 4:00pm -8th Kearney Horizon VB 4:00pm -7th Axtell XC 4:30pm -Varsity Lincoln Plus X VB 5:00pm -Reserve McCook FB 6:00pm -Reserve Cozad VB 6:00pm -JV McCook VB 7:00pm -Varsity McCook	1:25/1:30/1:37pm Dismissal FACT 1:45-2:30 Homecoming GOLF 9:00am -G/Varsity Lexington vs. Multiple Schools TEN 10:00am -B/Varsity York FB 7:00pm -Varsity Alliance	8 TEN 9:00am -B/Varsity North Platte GOLF 9:00am -G/Varsity Aurora SB 10:00am -Varsity Adams Central Junior-Senior vs. Multiple Schools
	VB 5:30pm -JV Minden VB 5:30pm -Reserve Minden	TEN 4:00pm -B/JV Adams Central Junior-Senior TEN 4:00pm -B/Varsity Adams Central Junior-Senior VB 4:30pm -8th Adams Central Junior-Senior VB 4:30pm -7th Adams Central Junior-Senior FB 5:00pm -Middle School Lexington VB 5:00pm -Reserve York SB 5:00pm -JV York VB 6:00pm -JV York SB 6:30pm -Varsity York VB 7:00pm -Varsity York	Ag Ed Husker Harvest Days Field Trip @ Grand Island, NE	GOLF 9:00am -G/Varsity Gothenburg TEN 4:00pm -B/JV Hastings TEN 4:00pm -B/Varsity Hastings VB 5:00pm -Reserve Hastings XC 5:00pm -Varsity McCook SB 5:00pm -JV Gothenburg VB 6:00pm -JV Hastings SB 6:30pm -Varsity Gothenburg XC 6:30pm -Middle School McCook VB 7:00pm -Varsity Hastings	1:25/1:30/1:37pm Dismissal FACT 1:45-2:30 TEN 9:00am -B/Varsity Lexington GOLF 9:00am -G/Varsity Minden FB 7:00pm -Varsity York	15 TEN 9:00am -B/JV Hastings VB 9:00am -Varsity Central City vs. Multiple Schools
National Farm Safety Week	National Farm Safety Week VB 4:00pm -7th Lexington VB 4:00pm -8th Lexington SB 5:00pm -JV Cozad VB 5:30pm -Reserve Bertrand FB 6:00pm -Reserve Adams Central Junior-Senior Board of Education Meeting 6:00pm SB 6:30pm -Varsity Cozad	National Farm Safety Week HES & PK School Pictures VB 4:00pm -8th Cozad VB 4:00pm -7th Cozad FB 5:00pm -Middle School Cozad	FFA Farm Safety Camp @ Phelps County Ag Center HES & PK School Pictures National Farm Safety Week	National Farm Safety Week XC TBD -Middle School Ogallala HHS School Pictures GOLF 9:00am -G/Varsity Holdrege vs. Multiple Schools XC 4:00pm -Varsity Ogallala TEN 4:00pm -B/Varsity McCook TEN 4:00pm -B/JV McCook VB 4:30pm -7th McCook VB 4:30pm -8th McCook SB 5:00pm -JV Northwest SB 6:30pm -Varsity Northwest	National Farm Safety Week 1:25/1:30/1:37pm Dismissal FACT 1:45-2:30 FB 7:00pm -Varsity Sidney	22 Music @ Kearney, NE National Farm Safety Week VB 9:00am -Varsity Holdrege vs. Multiple Schools
Dist. EDGE Conf.-FFA @ Hastings GOLF 9:00am -G/Varsity Cozad TEN 11:00am -B/JV North Platte XC 1:00pm -Varsity University of Nebraska-Kearney SB 3:30pm -Varsity Minden vs. Multiple Schools VB 4:30pm -8th Gothenburg VB 4:30pm -7th Gothenburg FB 6:00pm -Reserve Minden	TEN 10:00am -B/Varsity Kearney Catholic GOLF 10:00am -G/Varsity Adams Central Junior-Senior GOLF 3:00pm -G/Varsity Northwest vs. Multiple Schools VB 4:00pm -8th Hastings Middle FB 5:00pm -Middle School Gothenburg VB 5:00pm -Reserve Minden VB 6:00pm -JV Minden VB 7:00pm -Varsity Minden			XC TBD -Middle School Gothenburg TEN 4:00pm -B/JV Lexington XC 4:00pm -Varsity Gothenburg TEN 4:00pm -B/Varsity Lexington VB 5:00pm -Varsity Ravenna vs. Multiple Schools VB 5:00pm -Varsity Ravenna vs. Multiple Schools VB 5:00pm -JV Ravenna vs. Multiple Schools VB 5:00pm -Reserve	1:25/1:30/1:37pm Dismissal FACT 1:45-2:30 GOLF 9:30am -G/Varsity Columbus Lakeview vs. Multiple Schools SB 10:00am -Varsity York vs. Multiple Schools FB 5:00pm -Varsity Northwest	29 FFA Chapter Mini Retreat @ Holdrege HS VB 10:00am -Varsity Ord vs. Multiple Schools VB 10:00am -JV Ord vs. Multiple Schools



## Fruit and Juice Available Every Day

### Breakfast Choices for K-12

Available every day, breakfast includes:

- Breakfast entrée on menu at right **or** Choice of cereals with toast
- Smucker's Uncrustable
- Fruit
- 100% Fruit Juice
- Milk choices

### Additional Middle School Choices:

- Dutch Waffle (**Daily**)
- Sausage and Gravy over Fresh Baked Biscuit (**T, Th**)
- Breakfast Pizza (**M, W, F**)


### Additional High School Choices:

- Dutch Waffle (**Daily**)
- Breakfast Pizza (**Daily**)

### Breakfast Meal Prices & Extras

PK-12 Student Breakfast	\$1.70
Adult Breakfast	\$2.05
Extra Breakfast Entrée	\$1.00
Extra Cereal	\$0.85
Extra Toast	\$0.25
Extra Milk	\$0.45

Menus are subject to change without notice.

Mon	Tue	Wed	Thu	Fri
				1 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Pears
4 <b>NO SCHOOL</b> 	5 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast  Juice Choices Pineapple	6 A. Ultimate Breakfast Round B. Cereal Choices and Toast  Juice Choices Apple Wedges	7 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Applesauce	8 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Peaches
11 A. Breakfast Sliders B. Cereal Choices and Toast  Juice Choices Sliced Pears	12 A. Iced Long John B. Cereal Choices and Toast  Juice Choices Mixed Fruit	13 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Pineapple	14 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast  Juice Choices Sliced Peaches	15 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Applesauce
18 A. French Toast Sticks B. Cereal Choices and Toast  Juice Choices Pineapple	19 A. Sausage Gravy over Biscuit B. Cereal Choices and Toast  Juice Choices Applesauce	20 A. Egg & Cheese Taco Roll B. Cereal Choices and Toast  Juice Choices Fresh Orange	21 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Mixed Fruit	22 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Pears
25 A. Pancake Sausage Stick B. Cereal Choices and Toast  Juice Choices Mixed Fruit	26 A. Breakfast Pizza B. Cereal Choices and Toast  Juice Choices Pineapple	27 A. Oatmeal with Topping Bar B. Cereal Choices and Toast  Juice Choices Apple Wedges	28 A. Egg & Cheese Biscuit Sandwich B. Cereal Choices and Toast  Juice Choices Applesauce	29 A. Fresh Baked Cinnamon Roll B. Cereal Choices and Toast  Juice Choices Sliced Peaches

**Questions, Comments** - Contact Casey Greenlee, Foodservice Director, (402)209-4465, c.greenlee@lunchtimesolutions.com or Susan Gracey at 402-984-4546 or S.Gracey@lunchtimesolutions.com

Applications for Free and Reduced price meal are available in all building offices  
*This institution is an equal opportunity provider and employer.*



### Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Each student is required to have 1/2 cup of fruits or vegetables on their tray.

Look for the Farmer's Market Logo on this month's menu for the featured Farmers Market selection.



Learn more about this month's Selection on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

### Other Entrée Choices Available Daily:

#### C. Grill Entrées Daily

Crispy Chicken Sandwich  
Duster Stampede Cheeseburger

#### D. Sub/Salad/Sandwich Entrées

**M** Sandwich Choice  
**W-F** Sub Sandwich  
**T-Th** Entree Salad Choice  
**M-F** Deli Wrap

Choices vary. See menu board for details.

#### F. Vegetarian Entrées

**Daily** Uncrustable & String Cheese  
**T-Th** Fruit Yogurt & Cheese Plate








All F. Includes Goldfish Crackers



### Lunch Meal Prices & Extras

HS Lunch	\$2.80	Extra Entrée	\$1.60
Adult Lunch	\$3.50	Extra Milk	\$0.45
Extra Branded Pizza	\$1.75		
Adult <b>ONE TRIP</b> Fruit and Veggie Bar			\$1.80

**Questions or comments:** Contact Casey Greenlee at (402)209-4465  
c.greenlee@lunchtimesolutions.com OR Susan Gracey at 402-984-4546

Mon	Tue	Wed	Thu	Fri
<b>Epic Meltdown - Philly Grilled Cheese</b>  A melt-ilitious grilled cheese sandwich stuffed with seasoned beef, onions and peppers. #phillygrilledcheese				1 A. Baked Fish & Cheese Sandwich B. Home Style Pizza  Golden Corn
4 <b>NO SCHOOL</b> 	5 A. Soft Shell Tacos B. Hot Ham & Cheese Sandwich  Chili Lime Corn Carnival Cookie 	6 B. Breaded Beef Patty and Dinner Roll B. Chicken Nuggets and Dinner Roll  Mashed Potatoes with Gravy	7 A. Home-style Chicken Ranch Pasta and Dinner Roll B. Mini Corn Dogs  Green Beans Sugar Cookie	8 A. Taquito Grande B. Pizza Hut Pizza  BBQ Beans  
11 A. Home-style Chicken Stew over Fresh Baked Biscuit B. Hot Dog  Baked French Fries	12 A. Home-style Buffalo Chicken Pasta and Dinner Roll B. Cheeseburger  Baked Beans Chocolate Chip Cookie 	13 A. Chili Smothered Baked Potato & Dinner Roll B. Grilled Chicken Sandwich  Mixed Vegetables 	14 A. Home-style Beef Goulash and Garlic Bread Stick B. BBQ Rib Sandwich  Green Beans Sugar Cookie 	15 A. Mexi Tots with Dinner Roll B. Pizza  Golden Corn 
18 <b>A. EPIC MELTDOWN:</b> Philly Grilled Cheese B. Chicken Nuggets  Green Beans Frosted Cinnamon Roll 	19 A. Chicken Fajitas B. Corn Dog  Refried Beans	20 A. Home-style Chicken & Noodles and Dinner Roll B. Baked Breaded Beef Fingers and Dinner Roll  Mashed Potatoes with Gravy	21 A. Spaghetti with Meat Sauce and Garlic Bread Stick B. Crispy OR Spicy Chicken Sandwich  Peas FMS: Watermelon 	22 A. Beef & Bean Burrito B. Pizza Hut Pizza  Steamed Carrots 
25 A. Home-style Cajun Chicken Penne and Dinner Roll B. Cheeseburger  Green Beans 	26 A. Chinese Tacos B. Chicken Nuggets  Steamed Carrots Cinnamon Bread Stick	27 A. California Lasagna and Garlic Bread Stick B. BBQ Pork Sliders  BBQ Beans	28 A. Italian Dunkers with Marinara Sauce B. Teriyaki Chicken Sandwich  Golden Corn Chocolate Chip Cookie	29 A. Cuban Hot Dog B. Pizza  Mixed Vegetables 

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