

Holdrege Elementary School Newsletter

May 2023

Dates to Remember

Wednesday, May 3: All Library Books and Fines Due

Thursday, May 4:
7:00 PM 3rd & 4th grade music program

Thursday, May 11:
7:00 PM Kindergarten music program and graduation

Monday, May 15:
3:30 PM- 6:00 PM Parent Open House Incoming Kindergarten

Wednesday, May 17:
12:00 dismissal--last day of school--no lunch served
End of 4th Quarter

Monday, May 22- Friday June 9: HES Summer School

Mailing address:
PO Box 2002
Holdrege, NE 68949

Phone Numbers:
Elementary: 995-4339
Special Services: 995-4048

Holdrege Public Schools Website:
www.dusters.org



Last Day of School

The last day of school for all Holdrege Public School students is Wednesday, May 17. There will be a variety of fun activities for students to celebrate the end of the year. Students will be dismissed at 12:00 p.m. and there will be no lunch served that day. Buses will run accordingly. Final report cards will also be distributed that day.

Lost and Found

We have a large amount of clothing and lunch bags left in the lost and found. Please remember that any item that is not claimed by the end of the year will be donated. If you are missing jackets, coats, hats, snow pants, boots, or lunch bags, please be sure to have your child check the lost and found box before the end of the school year.

Elementary Spring Music Programs

Here are the remaining dates, grades, and school program schedules for elementary students:



- Thursday, May 4 at 7:00 PM: 3rd & 4th grades
- Thursday, May 11 at 7:00 PM: Kindergarten graduation & program

Summer School

Summer School students will be qualifying based on need, progress, and referrals from teachers. Also, we are asking those students who are referred and decide to participate in Summer School attend for at least 12 out of the 14 days possible to attend for free. If your child qualifies you will be receiving a letter next week. Summer School dates are May 22 through June 9. If you have further questions, please let Mrs. Porter know.

Incoming 2023-24 Kindergarten Parents

Parent Open House for incoming Kindergarten students will be held Monday, May 15, 2023 from 3:30 PM - 6:00 PM. You may come to tour the school and the Kindergarten classrooms at any time during that time frame.

Holdrege Elementary School Newsletter

May 2023

Fechas para Recordar

Jueves, 4 de Mayo

7:00 p.m.—3rd and 4th
Grade Programa Musical en
el Tassel

Jueves, 11 de Mayo

7:00 p.m.—Kindergarten and
Graduation Programa
Musical en el Tassel

Miercoles, 17 de mayo:

Salida a las 12:00 p.m.
FIN DEL AÑO ESCOLAR (no
se servirá el almuerzo)
Final del 4th Trimestre

Dirección Postal:

PO Box 2002
Holdrege, NE 68949

Número de Teléfono:

Elementales 995-4339
Special Services:
995-4048

Sitio web de las Escuelas

Públicas de Holdrege:

www.dusters.org



Ultimo Día de Clases

El último día de clases para todas los estudiantes de las Escuelas Públicas de Holdrege es el miércoles, 17 de mayo. Habrá una variedad de actividades divertidas para que los estudiantes celebren. Los estudiantes saldrán a las 12:00 p.m. y no habrá almuerzo servido ese día. Los autobuses se ejecutarán en consecuencia. Las tarjetas de notas serán repartidas ese día..

Perdido y Encontrado

Comatos con una gran cantidad de ropa y de sacos para almuerzos dejados en el “perdidos y encontrados”. Favor de recordar que cualquier artículo que no sea reclamado al final del año será donado. Si ha perdido chaquetas, abrigos, sombreros, pantalones de nieve, botas o bolsas para almuerzos, asegúrese de investigar las cajas de “perdidos y encontrados” en la escuela de su niño antes de que acabe el año escolar.

Conciertos de las Elementales

Aquí están las fechas, grados y el horario de los conciertos escolares:



- Jueves 4 de mayo: 3rd y 4th Grades
- Jueves, 11 de mayo: Programa y la graduación de Kinder. Todos los conciertos se llevan a cabo en el Tassel en 14th y Tilden St. a las 7:00 PM.

Escuela de Verano

Este año vamos hacer algo diferente para la escuela de verano. Estudiantes serán calificados basado en necesidad, progreso, y recomendación de maestros. También, pedimos a los que están asistiendo que asisten 12 de los 14 días para venir gratuitamente. Si tu hijo/a califica recibirás una carta la proxima semana. Las fechas de escuela de verano son 22 de mayo a 9 de junio. Si tienes preguntas, habla con la señora Porter.

Bienvenida para los padres de estudiantes entrando al Kinder

Lunes, 15 de mayo de 2023 La Escuela Primaria Holdrege tendrá una bienvenida para los padres de la clase de Kinder entrante de 2023-24. Se llevará a cabo de 3:30pm a 6:00pm. Siéntase libre de venir y recorrer la escuela y los salones de kindergarten.

Holdrege Elementary School Newsletter

May 2023

Illness

Abbie Soneson, our school nurse, reminds all parents that if your child has a fever of 100 or above, flu-like symptoms, vomiting, or diarrhea, he/she needs to stay home from school for at least 24 hours after symptoms end. **If your child has a fever, it needs to be normal without taking Tylenol or ibuprofen (Motrin) for 24 hours before coming back to school.** Please consult your Student-Parent Handbook for more detailed information about illnesses and attending school.

School Pictures for 2023

Elementary student pictures will be taken on September 21 and 22 at Holdrege Elementary. Order forms will be sent home several weeks prior to picture day. Holdrege Public Schools are using Studio B Photography which is the same company as last year.

PTO Reminder

If you would like to help the Elementary PTO all year, you can download the Box Tops app for your phone, select Holdrege Elementary School as your recipient, and scan your receipts with Box Tops eligible items. Please encourage your family and friends to help us out too. The money raised from collecting these helps the PTO purchase school supplies not covered by the regular budget and to purchase a book for each elementary child twice a year.



Back to School Night and 2023-24 Information

The first day of school for the 2023-24 school year is Thursday, August 17. Back to School Night will be held Tuesday, August 15 at Holdrege Elementary School. The elementary school address is 1700 Broadway. It is a time for families to familiarize themselves with the building, classrooms, and school routines. The classrooms will be open for you to visit and meet the teachers, so please plan to attend.

The August 2023 newsletter will be mailed to each elementary student household at the beginning of August. This newsletter will have important information about back to school night, the start of school, general school information, and free and reduced meal information and application, so if you have had a change of address, please contact your child's school office. If your household information changes over the summer, please contact the Holdrege Public Schools Central Office at 995-8663 so changes can be made and our records are current for this important mailing. A school supply list for each grade will be distributed at the end of the school year and will also be posted on the school website www.dusters.org.

Holdrege Elementary School Newsletter

May 2023

Enfermedad

Abbie Soneson, nuestra enfermera escolar, le recuerda a todos los padres que si su niño tiene una fiebre de 100 ó más, síntomas de gripe, vómitos o diarrea, tienen que permanecer en casa fuera de la escuela por lo menos 24 horas después de que los síntomas terminan. **Además, si su niño tiene una fiebre, debe de permanecer normal por 24 horas sin tomar Tylenol o ibuprofeno (Motrin) antes de regresar a la escuela.** Favor de consultar su Manual de Estudiantes-Padres para información más detallada sobre las enfermedades y la asistencia a la escuela.

Fotos Escolares para 2023

Fotos de los estudiantes de la primaria serán tomadas el 21 y 22 de septiembre en la Primaria de Holdrege. Formas para ordenar serán enviadas a casa varias semanas antes del día de las fotos. Las escuelas públicas de Holdrege utilizando Studio B fotografía que es la misma empresa que el año pasado.

El Recorridorio PTO

Si desea ayudar al PTO de la primaria durante todo el año, descargar la aplicación Box Tops para su teléfono, seleccionar Holdrege Elementary School como su destinatario y escanear sus recibos con los artículos elegibles de Box Tops. Anime a su familia y amigos a que también nos ayuden. El dinero recaudado al recolectar estos ayuda al PTO a comprar útiles escolares que no están cubiertos por el presupuesto regular y a comprar un libro para cada niño de primaria dos veces al año.



Noche de Regreso a la escuela y 2023-24 Información

El primer día de clases para el año 2023-24 es el jueves 17 de agosto. Noche de regreso al clases para el año escolar 2023-24 será el martes 15 de Agosto en la escuela Primaria de Holdrege. La dirección de la primaria nueva es 1700 Broadway. Esto es dos días antes del primer día de escuela y es un tiempo para las familias familiarizarse con el edificio, salones, y rutinas de la escuela. Los salones estarán abiertos para que puedan visitar los y conocer a los maestros, haci que por favor planea atender. Los salones estarán abiertos para que puedan visitar y conocer a los maestros, así que por favor planifique en asistir.

El boletín de Agosto del 2023 será mandado por correo a la casa de cada estudiante elemental al comienzo del mes. Este boletín tendrá información importante sobre la noche de regreso a la escuela, el comienzo de la escuela e información sobre las comidas gratis o de precio reducido y una solicitud, información general, así que si ha tenido un cambio de dirección, favor de contactar a la oficina escolar de su niño. Si la información de su hogar cambia durante el verano, favor de contactar a la Oficina Central de las Escuelas Públicas de Holdrege al 995-8663 para que se puedan hacer cambios y mantener nuestros registros al día para este correo tan importante. Una lista de materiales escolares para cada grado será distribuida al final del año escolar y será puesta también en el website escolar al www.dusters.org.

Holdrege Elementary School Newsletter

May 2023

Summer Office Hours

The elementary school office will be open until the end of May and with limited hours through summer school. We will close for the summer and reopen on July 31. If you have a change in your household address or phone number, please stop by the Central Office 505 14th Ave. or call them at 995-8663 at any time during the summer. We encourage you to drop off immunization and physical forms (for kindergarten students and transfers from out of state), deposit money in meal accounts, or purchase headphones in the weeks before school starts.

Nebraska State Testing

Our 3rd and 4th grade elementary students finished their Nebraska State testing (NSCAS) in April. All 3rd and 4th grade students took the reading and math test, which will be scored against all Nebraska 3rd and 4th graders. Those results will be available in the Fall of 2023.

Changes

Have you had a change to your home phone, cell phone, or workplace? Please be sure to let your child's school office know so that your information can be updated. It is very important that we have current information so we can reach you if your child becomes sick, there is an emergency, etc.

If you've had an address change, please notify your school immediately. If your address changes over the summer, contact our Central Office at 995-8663 to make sure you don't miss out on important mailings during the summer.



Holdrege Elementary School Newsletter

May 2023

Horario de Verano de las Oficinas

Las oficinas de las escuelas elemental permanecerán abiertas hasta finales de mayo y con horario limitado a través de la escuela de verano. Estaremos cerrados durante el verano y la oficina de nuestra escuela Primaria de Holdrege abrirá al 31 de julio. Si surge algún cambio en la dirección de su hogar o su número telefónico, favor de pasar por la Oficina Central en 505 14th Ave. o llamen al 995-8663 en cualquier momento durante el verano. Os animamos a dejar de inmunización y formularios físicos medicos (kindergarten o transferencias fuera de estado), deposite dinero en cuentas para al almuerzo, y audifonos en las semanas antes de que empieze la escuela.

Resultados de la Examinación Nebraska

Nuestros estudiantes del 3ro y 4to grados terminaron sus exámenes de Nebraska (NSCAS) en abril. Todos los estudiantes del 3er y 4to grado tomaron el examen de lectura y de matemáticas, el cual será comparado a las demás puntuaciones de todos los niños del 3er y 4to grados en Nebraska. Los resultados estarán disponibles en el Otoño del 2023.

Cambio??

¿Has tenido un cambio en tu número de teléfono de casa, celular o trabajo? Por favor de avisar a la oficina de la escuela de su hijo/a de esa manera tenemos la información más reciente. Es muy importante que tengamos la información más reciente para poder le hablar en caso de que su hijo/a se enferme, si hay una emergencia, etc.

Si ha tenido un cambio en su dirección, por favor notifique a su escuela de inmediato. Si su dirección cambia durante el verano, contacta a Oficina Central al 995-8663, para asegurar que no pierdes algunos correos importantes durante el verano.



Holdrege Elementary School Newsletter

May 2023

Lunch and Recess Schedules / Almuerzo y receso horario

Listed below are the times each class goes to lunch and recess. La lista abajo indica los horas que cada clase va al almuerzo y recreo.

Students in 1st, 2nd, 3rd and 4th grades will go to recess before they eat lunch.

Monday--Thursday	Friday or 1:25 PM dismissal days
<u>Kindergarten</u> Lunch 10:50-11:20 Recess 11:20-11:40	<u>Kindergarten</u> Lunch 10:45-11:20 Recess 11:20-11:40
<u>1st Grade</u> Recess 11:00-11:20 Lunch 11:20-11:50	<u>1st Grade</u> Recess 11:00-11:20 Lunch 11:20-11:45
<u>2nd Grade</u> Recess 11:30-11:50 Lunch 11:50-12:20	<u>2nd Grade</u> Recess 11:20-11:40 Lunch 11:45-12:10
<u>3rd Grade</u> Recess 12:00-12:20 Lunch 12:20-12:45	<u>3rd Grade</u> Recess 11:50-12:10 Lunch 12:10-12:35
<u>4th Grade</u> Recess 12:25-12:45 Lunch 12:45-1:10	<u>4th Grade</u> Recess 12:15-12:35 Lunch 12:35-1:00

Library Schedule

Help your child remember library day. Ayudar a que su hijo recuerde biblioteca día. La pregunta? Questions? Mrs. Stoelting's email is: jill.stoelting@dusters.org

Monday:	Tuesday:	Wednesday
Mrs. Taylor 4th grade	Mr. Greenwalt 4th grade	Mrs. Fahrenbruch Kindergarten
Mrs. Herring 4th grade	Mrs. Pelster 4th grade	Mrs. Pfeiff Kindergarten
Mrs. Florell 3rd grade	Mrs. Johnson 3rd grade	Mrs. Dow 1st grade
Mrs. Waller 3rd grade	Mr. Anderson 3rd grade	Mrs. Fouts 1st grade
Mrs. Brand 2nd grade	Mrs. Fischer 2nd grade	
Mrs. Kuss 2nd grade	Mr. Mishou 2nd grade	
Mrs. Breinig 1st grade	Mrs. Klein Kindergarten	
Ms. Metzger 1st grade	Mrs. Aubushon Kindergarten	



5TH GRADE ORIENTATION

MEETING FOR PARENTS OF
INCOMING
5TH GRADE STUDENTS



TUESDAY,
MAY 9TH



5:30 PM



HOLDREGE MIDDLE SCHOOL GYM



STUDENTS ARE WELCOME TO ATTEND WITH PARENTS



QUESTIONS? CALL 995-5421



May 2023

Holdrege Elementary School, Grades PK-4 2022-2023 Breakfast, Grades K-4

01 Entree * Pancake Sausage Stick * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Sliced Peaches Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	02 Entree * Iced Long John * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Mixed Fruit Cocktail Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	03 Entree * Fresh Baked Egg & Cheese Biscuit Sandwich * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Fresh Orange Slices Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	04 Entree * Pancakes with Syrup * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Applesauce Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	05 Entree * Fresh Baked Cinnamon Roll * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Pineapple Tidbits Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk
08 Entree * Ultimate Chocolate Chip Breakfast Round * Smucker's Peanut Butter & Jelly Uncrustable * Frosted Pop-tarts * Cereal Choices with Toast Fruit 100% Fruit Juice Applesauce Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	09 Entree * Oatmeal with Topping Bar * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Mixed Fruit Cocktail Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	10 Entree * Bacon & Egg Breakfast Pizza * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Fresh Orange Slices Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	11 Entree * Pancake with Syrup * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Sliced Peaches Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	12 Entree * Fresh Baked Cinnamon Roll * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Pineapple Tidbits Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk
15 Entree * Fresh Baked Egg & Cheese Biscuit Sandwich * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Applesauce Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	16 Entree * Fresh Baked Biscuits and Gravy * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Mixed Fruit Cocktail Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	17 Entree * Colorburst Donut * Smucker's Peanut Butter & Jelly Uncrustable * Cereal Choices with Toast * Frosted Pop-tarts Fruit 100% Fruit Juice Fresh Orange Slices Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	18 Misc. No School	19 Misc. No School
22 Misc. No School	23 Misc. No School	24 Misc. No School	25 Misc. No School	26 Misc. No School
29 Misc. No School	30 Misc. No School	31 Misc. No School		

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** program.intake@usda.gov

This institution is an equal opportunity provider.

mayo 2023

Escuela primaria Holdrege, grados PK-4 2022-2023 Desayuno, Grados K-4

01 Entrada * Salchicha De Panqueque * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Duraznos en rodajas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	02 Entrada * John largo helado * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Cóctel De Frutas Mixtas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	03 Entrada * Sándwich de bizcocho de queso y huevo recién horneado * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Rodajas de naranja fresca Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	04 Entrada * Tortitas con Almibar * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Caba Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	05 Entrada * Rollo de canela recién horneado * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Cositas De Piña Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor
08 Entrada * Ronda definitiva de desayuno con chispas de chocolate * Smucker's Peanut Butter & Jelly Uncrustable * Pop-tartas heladas * Opciones de cereales con tostadas Fruta Jugo 100% de fruta Caba Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	09 Entrada * Avena con Topping Bar * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Cóctel De Frutas Mixtas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	10 Entrada * Pizza de desayuno con tocino y huevo * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Rodajas de naranja fresca Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	11 Entrada * Panqueque con Almibar * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Duraznos en rodajas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	12 Entrada * Rollo de canela recién horneado * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Cositas De Piña Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor
15 Entrada * Sándwich de bizcocho de queso y huevo recién horneado * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Caba Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	dieciséis Entrada * Galletas recién horneadas y salsa * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Cóctel De Frutas Mixtas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	17 Entrada * Rosquilla Colorburst * Smucker's Peanut Butter & Jelly Uncrustable * Opciones de cereales con tostadas * Pop-tartas heladas Fruta Jugo 100% de fruta Rodajas de naranja fresca Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	18 Varios No hay clases	19 Varios No hay clases
22 Varios No hay clases	23 Varios No hay clases	24 Varios No hay clases	25 Varios No hay clases	26 Varios No hay clases
29 Varios No hay clases	30 Varios No hay clases	31 Varios No hay clases		

De acuerdo con la ley federal de derechos civiles y las normas y políticas de derechos civiles del Departamento de Agricultura de EE. UU. (USDA), esta institución tiene prohibido discriminar por motivos de raza, color, origen nacional, sexo (incluida la identidad de género y la orientación sexual), discapacidad, edad, o represalia o represalia por actividad anterior de derechos civiles.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 o (202) 690-7442 ; o
- **correo electrónico:** program.intake@usda.gov

Esta institución es un proveedor de igualdad de oportunidades.

May 2023

Holdrege Elementary School, Grades PK-4 2022-2023 Lunch, Grades K-4

01 Entree * Cheeseburger * Hot Shredded BBQ Chicken Sandwich * Roasted Ham & Cheddar Deli Wrap Vegetables Candied Carrots Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	02 Entree * Beef Taco in a Bag * Crispy Chicken Sandwich * Fajita Deli Wrap Vegetables Fiesta Corn Fruit Fruit and Veggie Bar Desserts Cookie Dunker Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	03 Entree * Made Fresh Goulash * Mozzarella Bosco Sticks with Marinara Dipping Sauce * Tuna Salad Deli Wrap Vegetables Roasted Mediterranean Vegetables Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	04 Entree * Traditional Beefy Lasagna with Garlic Breadstick * Popcorn Chicken with Dinner Roll * Crispy Chicken Deli Wrap Vegetables Baked Beans Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	05 Entree * Made Fresh Cheesy Pizza * Made Fresh Pepperoni Pizza * Made Fresh Chicken Burrito Supreme * Grilled Chicken Deli Wrap Vegetables Peas Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk
08 Entree * Pancakes & Eggs * Cheeseburger * Roasted Ham & Cheddar Deli Wrap Vegetables Hash Brown Triangle Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	09 Entree * Made Fresh Macaroni & Cheese * Hot Dog * Fajita Deli Wrap Vegetables Peas Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	10 Entree * Super Nachos * BBQ Rib Sandwich * Tuna Salad Deli Wrap Vegetables Calico Beans Fruit Fruit and Veggie Bar Desserts Fresh Baked Cinnamon Stick Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	11 Entree * Made Fresh Loaded Hash Browns with Dinner Roll * Grilled Chicken Sandwich * Crispy Chicken Deli Wrap Vegetables Steamed Broccoli Florets Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	12 Entree * Pepperoni Pizza * Made Fresh Glazed Chicken over Rice * Grilled Chicken Deli Wrap Vegetables Steamed Carrots Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk
15 Entree * Hearty Meatloaf with Dinner Roll * Mini Corn Dogs * Roasted Ham & Cheddar Deli Wrap Vegetables Roasted Mediterranean Vegetables Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	16 Entree * Made Fresh Pepperoni Pizza * Made Fresh Cheesy Pizza * Breaded Beef Patty Sandwich * Fajita Deli Wrap Vegetables BBQ Baked Beans Fruit Fruit and Veggie Bar Milk 1% Unflavored Milk Chocolate Skim Milk Skim Unflavored Milk	17 Misc. No Meal Service Today	18 Misc. No School	19 Misc. No School
22 Misc. No School	23 Misc. No School	24 Misc. No School	25 Misc. No School	26 Misc. No School
29 Misc. No School	30 Misc. No School	31 Misc. No School		

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** program.intake@usda.gov

This institution is an equal opportunity provider.

mayo 2023

Escuela primaria Holdrege, grados PK-4 2022-2023 Almuerzo, Grados K-4

01 Entrada * Hamburguesa con queso * Sándwich de pollo asado desmenuzado caliente * Deli Wrap de Jamón Asado y Cheddar Verduras Las zanahorias confitadas Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	02 Entrada * Taco de Res en Bolsa * Sándwich de pollo crujiente * Envoltura de Fajita Deli Verduras Maíz Fiesta Fruta Barra de frutas y verduras postres Dunker de galletas Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	03 Entrada * Goulash fresco hecho * Muzzarella Bosco Sticks con salsa marinara * Envoltura Deli De Ensalada De Atún Verduras Verduras Mediterráneas Asadas Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	04 Entrada * Lasaña tradicional de carne con pan de ajo * Pollo con palomitas de maíz con panecillo * Envoltura De Deli De Pollo Crujiente Verduras Frijoles Horneados Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	05 Entrada * Pizza con queso recién hecha * Pizza de pepperoni recién hecha * Burrito de pollo fresco hecho supremo * Deli Wrap de Pollo a la Parrilla Verduras Guisantes Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor
08 Entrada * Panqueques y Huevos * Hamburguesa con queso * Deli Wrap de Jamón Asado y Cheddar Verduras Triángulo de hash brown Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	09 Entrada * Macarrones con queso frescos hechos * Hot dog * Envoltura de Fajita Deli Verduras Guisantes Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	10 Entrada * Súper Nachos * Sándwich de costilla BBQ * Envoltura Deli De Ensalada De Atún Verduras Frijoles Calico Fruta Barra de frutas y verduras postres Palo de canela recién horneado Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	11 Entrada * Hash Browns cargados frescos con Dinner Roll * Sándwich de pollo a la parrilla * Envoltura De Deli De Pollo Crujiente Verduras Floretes de brócoli al vapor Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	12 Entrada * Pizza de pepperoni * Pollo fresco glaseado sobre arroz * Deli Wrap de Pollo a la Parrilla Verduras zanahorias al vapor Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor
15 Entrada * Pastel de carne abundante con panecillo * Mini perros de maíz * Deli Wrap de Jamón Asado y Cheddar Verduras Verduras Mediterráneas Asadas Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	dieciséis Entrada * Pizza de pepperoni recién hecha * Pizza con queso recién hecha * Sándwich de carne empanizada * Envoltura de Fajita Deli Verduras Frijoles Horneados a la barbécue Fruta Barra de frutas y verduras Leche 1% de leche sin sabor Leche descremada chocolatada Leche descremada sin sabor	17 Varios No hay servicio de comidas hoy	18 Varios No hay clases	19 Varios No hay clases
22 Varios No hay clases	23 Varios No hay clases	24 Varios No hay clases	25 Varios No hay clases	26 Varios No hay clases
29 Misc. No School	30 Misc. No School	31 Misc. No School		

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 o (202) 690-7442 ; o
- **correo electrónico:** program.intake@usda.gov

Esta institución es un proveedor de igualdad de oportunidades.